

Wellness Coaliton of Rural Linn County Mental Health Awareness Training: Train-the-Trainer Opportunities

	Mental Health First Aid	Youth Mental Health First Aid	Question Persuade Refer (QPR)	Signs Of Suicide (SOS)
Course Options	- Train the Trainer - Organization Training	-Train the Trainer Organization Training	-Train-the-Trainer - Organization Training - School Programs	- Train-the-Trainer - School Staff/ Organization Training - School Programs College Specific Programs
Training Requirements	*Must complete 1 day MH First Aider Course	*Must complete 1 day YMH First Aider Course		
Application	*Must apply with or to be an approved MHFA Site/Organization	*Must apply with or to be an approved MHFA Site/Organization	N/A	N/A
Hours Required for Certificaion	- 2 Hours Pre-work -3 Day Instructor Training -1 Hour Post-work	-2 Hours Pre-work -3 Day Instructor Training -1 Hour Post-work	1 Day Instructor Training	2 - 4 Hour Instructor Training
Certificaiton Requirements	1 Year Certification: Must teach 3 MHFA Classes per year	1 Year Certification: Must teach 3 YMHFA Classes per year	3 Year Certification	-Training Certifies Booster Sessions
Training Delivery	Computer and In-person Required	Computer and In-person Required	In-person or Live Web Workshop Options	Live Web Workshop
Quarterly Data Tracking	# Trained and # Referred	# Trained and # Referred	# Trained and # Referred	# Trained and # Referred
Cost	\$2000-\$2200 FREE	\$2000-\$2200 FREE	\$495.00- FREE	\$199.00- FREE
Populations for Delivery	-Schools -Communities Organizations Everyone -Colleges	-Schools Colleges Communities Organizations Everyone	-Schools Colleges Communities Organizations Everyone	-Schools Colleges Communities Organizations Everyone
Implementation Length for Delivery Training	8 Hours	8 Hours	1-2 Hours	1 Hour
Additional Cost				\$300-\$500 School Program Licensing
Hosting Option	Yes	Yes	Yes	Yes
Training Options Links	https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/	https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/	https://qprinstitute.com/become-an-instructor	https://www.mindwise.org/sos-for-school-staff/
				3/06/2024: Beyond SOS: Tangible Suicide Prevention Best Practices and Policy Recommendations for School Leaders
				4/11/2024: Managing Loss in Schools, Communities, and Workplaces